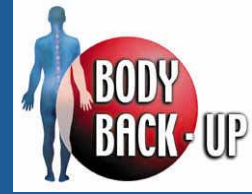


Osteopathic Treatment in General Practice

for GP's & Practice Nurses



Osteopathy & Sports Injury Clinic

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Making use of Osteopathy

Osteopathy is a complimentary treatment which works well with GP's prescribing NSAIDs and Analgesics.

Osteopaths give detailed advice at a **remedial & preventative** level. Treatment can be applied to the **acute** and **chronic** stages of any muscular or joint problem.

Prompt referral reduces the chances of a patients condition becoming chronic.

Early treatment for acute injuries enables patients to return back to work or sporting activities quickly without worsening their condition.

As a diagnostics tool osteopathy is very useful since it is a non-invasive and conservative form of treatment.

Special cases: Well considered treatment can be offered to low back symptoms associated with pregnancy as well as for the muscular stiffening effects of arthritic changes.



How osteopathy fits in

- Many patients attend their GP for advice as to the type of treatment that might help their muscular or joint problems most effectively.
- Selecting osteopathic treatment, when appropriate, may prove beneficial to both GP & patient.
- Robin Lansman & Associates are fully insured and qualified Registered Osteopaths.
- Seeing new patients the minimum number of times to achieve results allows us to discharge patients quickly.
- New patient slots are kept available each day to ensure that no one has to wait unnecessarily.

Causes of musculo-skeletal pain

General causes of joint & muscular conditions presented to osteopaths are:

- Job related
- Sports injuries
- Postural problems
- Repetitive injuries



Muscular & Joint conditions

- Muscular and joint conditions can generate a large number of repeat consultations with GP's.
- Patients often experience large waiting lists for any type of hands-on-treatment.
- Funds can be spent on extended courses of NSAIDs and analgesics as well as an expensive diagnostic tests that may sometimes prove unproductive.

Range of conditions treated

- Lower back pain
- Sciatica, trapped nerves
- Sports Injuries
- Tennis elbow / frozen shoulder
- Neck pain / headaches
- Aches & pains in knees
- Postural / pregnancy back pain
- Work discomfort



Making referrals easy

- Patients can be satisfied that their best interests are always being looked after if good lines of communication are maintained.
- Diagnostic information, clinical test results and details of previous treatment may be useful.
- Conversely reports on a patient's progress are produced so GP case notes can be updated.
- Referral notes from GP's to the Osteopath can be supplied.
- Tracking of each individual patient can be achieved by using an indexing system on each referral note.

Private Healthcare Insurance

- Our osteopaths are registered with all the major Healthcare Insurance companies, BUPA, AXA/PPP, HAS, Cigna, BCWA, Prime, Healthfirst, Norwich
- In recent years there has been an increasing awareness and acceptance of Osteopathy as an integral part of health care, by the public and mainstream medicine, and by the government.

To observe a treatment session with one of our osteopaths, email: practice@bodybackup.co.uk

www.bodybackup.co.uk

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