

# Working-Together Corporate Back Care



Past clients include: Hitachi Europe, Political Intelligence, Renesas, Quick Books, Jacobs Engineering, Johnson & Johnson

Osteopathy & Sports Injury Consultancy

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Robin Lansman D.O.

## Welcome to Body Back-Up

- Osteopathic Consultancy Service: Specialising in Back Pain and muscular-skeletal injuries.
- Osteopathy is a system of diagnosis and hands-on treatment for a wide range of conditions:
- **Back and Neck pain, Sciatica, "Trapped nerves", RSI, Frozen shoulder. Headaches and postural-related muscular pain.**
- Detailed patient case history that includes a medical screening and examination to help provide an accurate diagnosis and appropriate care plan.
- We offer busy working people a modern and professional approach, made for individuals.

Robin Lansman D.O.  
Practice Principal & Osteopath  
Director Body Back-Up

Established 1988

## Good Health is Good Business

Want to look after your employees?

- People who work hard also have "keeping fit" high on their agenda.
- Eleven million working days being lost annually due to Back pain!
- Bad posture, Lifting poorly and Driving.
- RSI needs to be tackled professionally.



## Body Back-Up provides Solutions

- Staff morale and productivity are vital.
- New work place designs help but don't solve everything.
- Even with carefully considered adjustments to workflow and posture, individual staff still suffer.
- Outside work activities and Sports do not always mix well with work place needs.

## Want to SAVE money?

- Replacing office furniture, desks or chairs?  
**"Get it right first time with our help!"**

## Corporate Care Osteopathy Vouchers

- Preferential rates for the pre-purchase of treatment vouchers bundles.
- A caring incentive for a healthy workforce.
- Find out more:

[practice@bodybackup.co.uk](mailto:practice@bodybackup.co.uk)

<p>Robin Lansman's Body Back-Up (GOC Registered)</p>	<p>Corporate Osteopathy Voucher</p>	
	<p><b>Osteopathy Pre-Paid Care</b> Body Back-Up Check Up. We care about you!</p> <p>This Corporate Care voucher allows the holder to receive osteopathic assessment &amp; treatment. Your session will last for approximately 30 minutes and will include: • Osteopathic examination • Discussion of findings • Treatment recommendations</p> <p>Name: ..... Issue Date: .....</p> <p>Company Code: ..... Voucher Code: .....</p> <p>To book your appointment call: 01628 624544</p>	

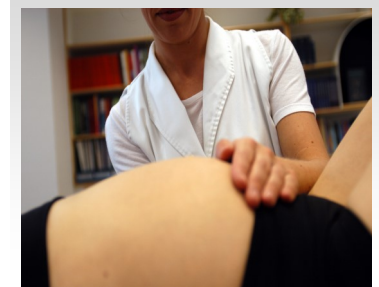
## Prescription Exercises



## Workstation Assessments



## Pregnancy Care



## "Work Life Balance"

We treat Sports Injuries  
Work, Rest & Play Better!

**Corporate Health Insurance**  
Corporate Health Insurance Companies cover  
Osteopathic treatment:  
**BUPA AXA-PPP  
Pru-Health WPA AVIVA**

[www.bodybackup.co.uk](http://www.bodybackup.co.uk)

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For appointments call 01628 624544 or 020 8969 0247  
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